

Our Journey: Is Why We're Here!

Herein lies the reason we are celebrating our 19th year in Reliv. Every aspect of our life has changed for the positive in so many ways. We have found a freedom from so many health problems it blows our mind even today to look at the Journey. Like most everything in life it takes commitment. Our commitment at first was the result of our being in a spot ready to give up, with no where left to turn. We had spent many thousands of dollars over and above very good insurance, and we'd talked to hundreds of different health professions, traveling nearly one thousand miles a month for five years, with no answers!



The reason we continue to share is our desire to pass on that hope we received and to give you the insight as to how to attain your desires for a better life, with every aspect of your life!

The Ultimate Gift

The movie The Ultimate Gift based upon the book of the same title by Jim Stovall, has moved up to second on my list of all time favorite movies, with It's a Wonderful Life still #1.

The Ultimate Gift that we found in Reliv is that with diligent effort everything you want in life can be yours.

The Ultimate Gift required input and steps necessary to go through to attain that ultimate gift. The same is true in Reliv and in life.

As a patented food Reliv must be taken consistently and in enough quantity for your particular need. If you approach it like it is some kind of miracle drug expecting to sporadically eat it or not be diligent in listening to calls that instruct you how serious people have changed their regimen to gain the results they were looking for, odds are you will be disappointed.

That consistency gives the pleasure of turning back the clock in your own life's health.

- For us, because of health issues we spent every waking moment dealing with medical problems.
- Today we have a quality of life we had no hope of ever finding again, we almost never see a doctor.
- All because our bodies are being fed with all the right nutrients for optimum health in a form that our bodies can use.

The other part of the Ultimate Gift:

The absolute joy of being a part of some one's life that had no hope and now does.

- We have seen people beat cancer, and diabetes, Parkinson's, dementia, every health problem known to man including bone on bone and other bone issues.
- Being part of the process of change for people is a true blessing.

As a builder of 150+ homes in my career there was never any consideration on my part to take a short cut to get to the final product, though there were lots of companies that did.

The same applies in Reliv as in anything else if you take a shortcut your result will vary.

We are: Leonard & Ruth Falk Independent Reliv Distributors. We make no claims of healing, but only share what has happened in greater detail for us. 406.756.2364

There's More:

Helping others has paid us over \$1,000,000 Dollars

Income that is Unlimited and is willable!

- You determine the income and spend the time to build it.
- There are no brick and mortar costs, just your phone and computer.
- Reliv is the most honorable and ethical company we have ever known.

Freedom to do whatever you want in the course of the day, without schedules.

- Emergency situations happen; we made the decision to sell our house to move back to Montana to take care of family that needed us. We did it knowing that Reliv was not going away and that when life settled down we could pick it up again.
- We have made an income every month from our very first month in Reliv

Again Just as most everything there is work involved! Just plug into the system!
What is nice you are not changing hours for dollars! There is time freedom!

Overwhelming Evidence: Ruth regains her Life!

Our view of the Reliv shakes is that it is our food and everything else we eat is recreational. And that is based upon what we see happening for us and our family. We do not make claims but we will tell you what has happened for us.

As I have said so often, our journey with Reliv started with Ruth's need being the most critical. Her health issues were brought to a head when in 1996 we were stopped behind a bus and some clown behind us couldn't stop and slammed into the back of our truck, without head rests the impact slammed Ruth's head against the window and she was paralyzed. She was able to walk a couple of hours latter in ER but the MRI showed three bulging discs C-5,6,&7. Surgery was not an option as it involved going into the spine and removing some of the disc material.

X-rays of Ruth's spine before Reliv showed where every vertebrae had an arthritic spur and most had more than one. Ruth's pain levels were high. After four years on Reliv we saw another x-ray that showed all of her arthritic spurs on her spine, but one, had dissolved, her body with the right nutrition took care of them.

Leading up to this, blood work showed Ruth to be at the extreme edge of each item of 100+ items tested and after being on Reliv every last one of those items was Right down the middle, perfect. The doctor made the comment, "I have never had a patient with perfect blood before." Proving to us even more that Reliv works!

Ruth had chronic cystic acne and had to use makeup to hide spots daily, and now on Reliv she uses next to no makeup. Ruth was going into the doctor semi-annually having cysts on her ovaries and in her breasts aspirated, has not had a cyst since on Reliv.

Her body was so acidic that if I did not wash her bodily fluids off of me right away I would end up with painful boils. We were told that acidity was cancer causing.

Ruth's hair was so rough that it caused me pain when it touched my skin, that even though we used the best shampoos and conditioners that cost hundreds of dollars, now her hair is soft and beautiful and we use Dollar Store shampoo.

Ruth's nails were always breaking and she now has beautiful healthy nails.

And that is just the small stuff, she was diagnosed with TMJ, now able to control the symptoms. She has a neurological condition called Cervical Dystonia (related to Parkinson's) that put her grandmother in bed for most of her whole life, but Ruth has gotten her life back. Ruth had painful varicose veins that were still painful years after the injection therapy, now today no pain and no varicose veins.

Leonard was the healthy one?

For most of the first 45 years of my life, I had IBS-Irritable Bowel Syndrome, almost never a normal bowel movement. Every trip of more than 100 miles my colon would shut down for a week or more. Now I do not have any of the pain in my bowels anymore, my stools are great and I don't have to run to the bathroom for fear of an accident.

My sinus issues always had me dripping and sneezing, going through multiple handkerchiefs in a day. Now I rarely blow my nose, and for the last 18 years I am able to actually breathe through my nose.

For 15+ years I had severe acid reflux, with acid in my mouth and choking in the middle of the night. My Acid reflux is no longer and I can get up in the middle of the night and eat anything I want whereas before just water would give me regurgitation and pain. About 4 months into Reliv I was sitting down with an uncle and his friends drinking coffee and after the fifth cup was when I realized No more reflux.

The stuff I was taking for my acid reflux had caused the development of kidney stones, with both kidneys full of stone material. With Reliv my body was able to flush out the kidneys avoiding surgery. During the process of dissolving the last two stones were the size of small almonds which because of a muscle product we have were less painful to pass than the first ones that were too small to see.

About 18 months before we found Reliv I fell over 8 feet and landed on my back. This injury did not break anything, but left me unable to work, as I couldn't raise my arms above my head or even sleep in my own bed and I started getting migraines, multiples in a week. One month on Reliv and I got my contractor's license back and was working every day, and no more migraines.

My blood pressure was 160/110, and my Dad and his Dad died of issues related to high BP. Now my BP is normal.

About three years ago I started having increased hip pain bother me. I have always had hips that were limited in range of motion, and I had periods in my past where I had severe pain. I knew from the stories that I listened to and the people I talked to that the one product we have that was beneficial for Ruth in her neck and spine, and in numerous cases was proven to regrow cartilage would be the product I needed. But I wanted to try every other regimen proposed by various health gurus, of exercise and various nutritional and Chiropractics before trying. So mid June of 2019 I added minimum amounts of Arthafect, knowing that from the stories I heard that to be totally pain free took about 18 months. In one year now I am almost pain free.

This too reinforces that following God's plan of eating right is key to good health.

Nurturing Our Son:

Our son William at 3 weeks old developed an ear infection and for the first six years of his life we went to the doctor almost every month with him. By age 6 he still was having almost continuous ear infections. The Doctor who was giving him antibiotics made the comment at one time, "so far the only thing we've done is to avoid surgery for the drain tubes." He has not had an ear infection now in 18 years.

At 16 months of age William was injured by a vaccine cocktail, and in the next 48 hours he started to go into uncontrollable rages. William would rage violently many times slamming his head on the floor and Ruth would lie down on top of him to comfort him and calm the raging. William was given two diagnoses in the Autism Spectrum, Apraxia and Dyspraxia, both almost never happen in the same person. Symptoms were William had no control over his palette or tongue or his eyes, so he really did not talk clearly till six and even then you could not understand him. His dyspraxia left him unable to connect the dots in hearing and recitation. William could identify 5-6 letters of the alphabet 90% of the time and we would make progress it seemed up to 19-20 letters and then he would be back to 5-6 letters. We were told by his pediatrician that William probably would never read and would only be able to be a toaster repairman or something that would not require reading. William could not sit still and focus; as a result of his ADD we were asked to leave two different preschools.

Nurturing Our Son: cont'd

At age four we had him tested for allergies and he was allergic to all 48 things, both environmental and food. William could not have pets (we tried) he could not play outside because of those allergies. His first summer on the product William was able to play outside and go to the pool, learn how to swim, just be a little boy for the first time in his life.

We started William on Classic and Innergize as that was the only products he liked the taste of, the first thing we noticed was his dark circles around his eye disappeared and the ear infections went away and he has had none since. Four months on the products his eczema that he had had all his life to this point was gone, ending the bloody escapades. About a year on the products we were still dealing with the focus and attention issues and knew from the stories we needed to add Kids Now. After many tries Ruth finally got a combination of fruits and juices to go along with his shakes so that he would drink them. In 30 days we saw a major change in his ADD and in 90 days we introduced him to other clinicians who basically said he never could have been ADD. That following fall we saw that William still needed help with his learning of the alphabet and reading so we introduced him to public school where we saw no changes in him for the first half of the year.

We realized that William was not drinking all his shakes each day and we were finding his cups half to $\frac{3}{4}$ full all over the house. So at Christmas break I sat down with William and told him from that point forward we were going to charge him a quarter for every time he left a shake unfinished. That got his attention and from that point he never missed a shake. Six weeks later, in the middle of February I got a call from his teacher, she was overjoyed that William had read through his very first book all the way through without any stops and was able to retain 94%, two things he had never accomplished before, he always had stops and he never scored anything on retention.

Till William was consistent on his shakes he was always small for his age, with consistency came growth spurts and today he is six foot tall.

I cannot imagine where William would be had Reliv not come into our life. He now is fluent in Spanish and German, and learning more languages. He has taught himself Guitar and Piano, and is a computer tech. And I can't imagine where each of us would be today if our bodies had never received this awesome nutrition.

We give Praise to God for His bringing this blessing into our lives!

Passing on the Blessing:

One of the greatest joys that we live, is helping others, with you name it. This body we are given by God is able to overcome so much with proper nutrition. That is why we say Reliv is our main food. Through this knowledge we have changed the way we eat, cutting out processed foods and sugars. Staying away from ingredients that are added for coloring and preservation. It is impossible to get the nutrition we need from our food, the bulk of the vegetables that we eat today have depleted vitamin and mineral content that your body needs due to the farming practices that are detrimental to nutritional value.

Some of the Joy, My Sister:

My Sister Carol fell down stairs landing on her head on concrete at a little over three years old, as a result has had seizures all of her life, sometimes multiples in a day, in her twenties as many as 7 grand mals in a day. The Medicine that she was on was causing her seizures. So for twenty plus years until she was pushing forty five she learned to follow a strict regimen of sleep and life choices, something that almost no one would submit to but it worked so that her seizure activity was reduced to just a few times a year.

When she hit forty five her seizure activity increased as she approached menopause. Also about this time she fell and broke (shattered) her Tibia. A whole year after this fall the bone was not healing and she was wearing a splint. This is when Reliv came into our life. Carol started on our basics and her very next test showed bone starting to heal and she never needed the splint.

By monitoring and making adjustments on her shakes her menopause symptoms went away and no more seizure activity not even a precursor to a seizure.

Challenges with some rewards:

In the same time frame when we were getting our results, Ruth's mom developed a heart Arrhythmia and had an ablation procedure done to kill off the cells that were causing the radical heart rate. While we were waiting in the hospital for her discharge we talked to a gentleman whose wife was in for the eighth time for the same procedure. Three weeks after the procedure mom's racing heart rate came back. We got her started on Reliv products and before she could get in to see the doctor her heart went back to normal.

A common side effect of this ablation procedure mom had for her heart, triggered her Parkinson's development. She developed tremoring all over her body, could no longer walk. When we adjusted her Reliv, her tremoring went away, blowing the mind of her neurologist.

Most every year of her adult married life mom got Urinary Tract Infections. During the 5 year period of her taking Reliv faithfully she had no UTIs, in 2007 other family had talked her out of taking her Reliv, and she came down with a UTI and tried to self treat. The over the counter items that she was attempting to use did not work and she got extremely sick with septicemia. We almost lost her, September of 2007.

As a result of the septicemia she needed to be in the nursing home, also as a result of the sepsis she had unstable and low sodium and was off her rocker with hallucinations and crazy talk, unable to recognize situations and people, and carrying on conversations with nonexistent people.

The doctors recommended reducing her water intake to change the ratios in the blood, which meant that they did not want her to resume her shakes; From September 2007 until January 2009 Doctors got zero results. In that January at a care conference we were told that the doctors were giving up on her treatment. Ruth broke down in tears and said, then can we start her back on her Reliv. We started her on her shakes and in one month she was again lucid and doing so well and her sodium levels evened out, so they moved her from the ward for the more terminal high care to the wing for the more ambulatory residents, and she was discharged March 8th of 2009, and we brought her home. After mom came home we continued to make her shakes for a while and then dad and mom were again talked out of spending the money for Reliv by family. They had a good retirement plan so money was not an object and after they had spent \$150,000 because she quit her shakes it did not make any sense to quit. As a result her health was failing and she was becoming frail, and her Parkinson's was no longer being kept in check. Plus when on Reliv her Glaucoma stabilized and improved and she was off all meds including her Parkinson's medication (Sinemet).

As a result of her quitting she ended up so weakened that she fell and broke her hip and ended back in the nursing home. This just broke our heart.

After a number of several months in the nursing home we brought her home to live with us, where she again started on Reliv. During that time we got her off 13 medications and she had a better quality of life.

Through this we have learned to be more straight forward in dealing with some of the trials, but hopefully sharing this gives an understanding of some of the mindsets to overcome. As we know everyone that listens gets results!

Ruth's Dad was 82 when Reliv came into our home and we had the conversation where he told us we needed to sign him up for the nursing home, he just was not able to function. He was in intense pain in his back and most people did not know he had Leukemia. He passed away having lived another 10 years in his home shoveling snow and maintaining the yard with minimal help.

These last two stories of mom & dad have a lesson for us all regarding the benefits both short and long term. For us we know that hearing the stories of success are the driving force of establishing the belief enough to continue and adjust our intake and get each of us to the point of blessing others.

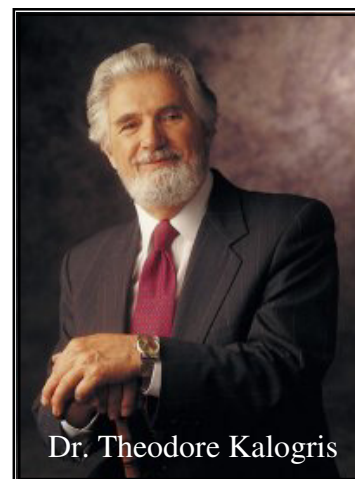
Literally thousands of people have had changes happen, when their bodies have been fed this nutrition. We do not make any claims, our products are just the best nutrition you can ingest and our bodies are the miracles, able to do amazing things.

We got started because of the 100% money back guarantee, which we hold out to all who want to try these products. And Reliv has offered us a way to help others and in the process help pay for our products.

As we went, we met and learned about this man and his scientific research and his unique connections to all things regarding studies. Plus his commitment to applying that knowledge. Dr Ted as he was notoriously called had a heart of a faithful man and when thanked for his work, he his extended thanks to God for giving him the opportunity. It was his work around which Reliv was started.

We have a lot more info on our website about him.

We also met the other scientists and their humble hearts with a clear focus on helping people. For them it was never about the money, but always about helping others and always about sharing the details of what they found and were working on.



Dr. Theodore Kalogris

The Vision of Reliv

- Reliv was purposely set up so that it's distributors are the ones that make the significant income.
 - No other company is set up this way.
- Most Reliv product formulas are patented.
 - This means they are unique formulations.
- 100% of the people who treat Reliv as a business make a significant income.
 - Even those that dabble make something.
- 100% of the people who take the products get results.
 - If they are consistent.
 - If they take enough.
- Reliv gives a 100% Money back Guarantee.

Those that plug into Reliv correctly, stay with it for life.

There is one story that rings very true to describe what can happen. A friend of ours introduced Marci to Reliv. Marci was an international flight attendant that was just barely able to get through her days. In addition to jet lag, she suffered with Psoriasis, many allergies, Reynaud's Syndrome, heart palpitations and brittle bone disease where she was always breaking something.

Marci was on the products for 8 years and called up one day complaining about no results and going to quit. When asked how many shakes she was taking she said once a day. (We have found that it is better to take more than one a day even if smaller than to just do one big one) Anyway Marci was told she real really needed to take two or more minimum. She did that and in 60 days she got great results with every issue and never broke another bone!

100% GET RESULTS WHEN THEY MAKE COMMITMENT TO LISTEN AND THEN DO!!

Hope in a can!

Our Vision for Reliv as distributors.

Having been care giver for many people at their end of life. First hand we have seen the things that are important to each.

- 1.) For many, retirement meant a reduction of income.
 - ~ Reliv answers this with real residual and willable income.
- 2.) Quality of health that took away mobility.
 - ~The CDC and so many others state that 92% of chronic illness is nutritionally related. Epigenetics proves that.
 - ~ Reliv is the only Food Science Co. that actually started on a product developed from a 10 year study for a formula that meets the nutritional requirements of the body, paying attention to the synergy.
 - Every other study is about individual ingredients.
- 3.) We've seen the loss of quality of life when one relocates to a facility where all privacy is lost.
 - Familiarity of surrounding and a persons stability make up a certain happiness for each of us.

By consistently feeding your body this good nutrition, the ability to have a stable life and do things that you want, longer, for the rest of your life is real. That really is our focus and desire to pass on that real hope.

The other blessing that we have received is an income that pays for our Reliv. After our first couple of weeks on Reliv we joined at the top profit level which meant we had some inventory to get us through a good long while at a more affordable price. But as I was working again full time and seeing Ruth up and functioning again for the first time in 5 years, I started sharing stories while I was building houses, using my phone. Much to my surprise all of that product was gone in 6 weeks and we made an income of over \$1,500. Then after a while we were consistently making right at \$2,000 a month with our highest month being over \$4,000, just a month after selling our house and moving to Montana. That's when we got buried with all kinds of family stuff and set everything aside. Even though we have not been doing very much of the business, we have received a check every month going on 19 years. I got involved in politics for a couple of years but now need to just put my head down and help other people get the things they want, either better health or better finances. That's what we are about! Giving people Hope!

After you've read this please pass it on to a friend, so they can become informed. We literally are in the business of searching for others like us who had reached the end of hoping to find better health. There are so many more results that we have seen that it would require a book be written!

Sound to good to be true? Not when you get to know how the body functions!

For any information Email us at: hope@falksreliving.com

Or call 406.756.2364

100% GET RESULTS WHEN THEY MAKE COMMITMENT TO LISTEN AND THEN DO!!